

**Geoff Byrd, Imago Relationship Therapist**  
**www.CounselingAssociatesHome.com**  
**COMPUTER RESOURCE FOR COUPLES**

**There are plenty of dating services and “chats” for singles, now how about -**

**Introducing the Couple’s Workstation**

The Couple’s Workstation is a membership website area designed for couples who are doing the kind of relationship work we teach and counsel here. If you are comfortable with computers and the Internet, this may be valuable for you, and all in the privacy and comfort of your own home!

**What does the Couple’s Workstation do?**

Our approach to couple’s therapy is to help couples understand the reasons for the conflicts that emerge and teach them how to utilize the healing qualities of committed love relationships. This involves learning how to analyze frustrations and create an action plan for healing old hurts and present conflicts. It also involves “building on the positive,” focusing on creating passion and romance and enjoyment.

To accomplish this we use a variety of processes and exercises. Similar forms are on the Couple’s Workstation site. Once you enter the information, you will receive weekly email reminders about what is important to your partner and your partner will receive the same about you.

The Workstation will help you record and keep track of important things you learn to supplement the therapy process, or you may use it on your own as a relationship enrichment process!

**How does it help?**

What you will find as you work on your relationship is that what one Partner needs the most; the other cannot easily give without either facing an old fear or developing a new skill or ability. This is the “hard work” part of love. People tend to “forget” or “just not think of” these needed “growth challenges”. The Workstation’s reminder system will give you a gentle, private reminder each week about the behaviors that are important to your unique relationship.

**How much does it cost?**

A Trial Membership for one Month is \$15.00. Monthly and quarterly payment plans are available, although the best value is an annual membership fee of \$120. I recommend the Trial Membership in the beginning. If you are still not sure then I suggest you continue to try it a month at a time. You can upgrade your membership to the cost saving annual fee at any time.

**How do I access the Website?**

Go to our website: [www.CounselingAssociatesHome.com](http://www.CounselingAssociatesHome.com). Click on Geoff’s tab, and then the “Couple’s Workstation” Link. Once there you can “Take a Tour” of the site or you can “Join as a Member”. Once you are a member you can “Login” through this same procedure. Your partner will receive an email with a temporary username and password which can be changed the first time they log on. They will not be asked for a fee since that will have been paid.

As a Gateway Provider of the Couple’s Workstation, we receive a small portion of the membership fees after online payment is made directly to the Couple’s Workstation providers.                    V.04.13